

13 National

Tryouts

Sunday, October 29th, 2023
Check in - 11:00 AM - 12:00 PM
Tryouts - 12:00 PM - 2:00 PM

Cost

\$3,565

Player Package

3 Jerseys
1 Pair of Spandex
1 Jacket
1 Pair of Pants
1 Bag
1 Pair of Knee pads
2 Practice Shirts

Head Coach

GO - Blair Arms

Asst. Coach

GO - Julie McBride

Strength Training

3x per week

HUDL Package (Film)

Practice Schedule

December - January

Tuesdays & Thursdays
13 GO - 5:00 PM - 8:00 PM

Practice Schedule Cont.

13 National - 6:00 PM - 9:00 PM

Saturdays

11:00 AM - 1:00 PM

February - End of the season

Tuesdays & Thursdays

13 GO - 7:00 PM - 10:00 PM
13 National - 6:00 PM - 9:00 PM

Saturdays

11:00 AM - 1:00 PM

Tournament Schedule

January

13th - 14th Nike Classic - Columbus, OH
27th - 28th Winterfest - Greater Columbus Convention Center, Columbus, OH

February

3rd - 4th Steel City - Pittsburgh, PA
17th - 19th Presidents Day - Cleveland, OH

March

2nd - 3rd Cincy Super, Hamilton, OH
29th - 31st Windy City - Chicago, IL

April

12th - 14th OVR BID's - Columbus, Ohio
20th - 22nd NEQ Qualifier- Philly, PA

May

TBD OVR Champ - Columbus, OH

June

1st - 2nd Summer Fest - Columbus, OH
4 Days Nationals (AAU)

13 American

Tryouts

Sunday, October 29th, 2023
Check in - 11:00 AM - 12:00 PM
Tryouts - 12:00 PM - 2:00 PM

Cost

\$2,625

Player Package

2 Jerseys
1 Pair of Spandex
1 Jacket
1 Bag
1 Pair of Knee pads
2 Practice Shirts

Head Coach

To be Announced

Strength Training

Weekly Training

Practice Schedule

Tuesdays & Thursdays
7:00 PM - 9:00 PM

Saturdays
11:00 AM - 1:00 PM

Tournament Schedule

January

27th - 28th Winterfest- Columbus, OH

March

9th - 10th TMM AM Challenge - Cedar
Point Sports Center - Sandusky, OH

April

13th - 14th Breakout Bash - Sandusky,
OH

May

TBD OVR Champs - Columbus, OH

**Additional dates to come as
schedule is released

13 Regional

Tryouts

Sunday, October 29th, 2023

Check in - 11:00 AM - 12:00 PM

Tryouts - 12:00 PM - 2:00 PM

Cost

\$1,425

Player Package

1 Jersey

1 Pair of Spandex

1 Bag

1 Pair of Knee pads

2 Practice Shirts

Head Coach

White - Scarlet Rahrig

Teal - To be Announced

Strength Training

Weekly Training

Practice Schedule

December - January

Only Mondays

5:00 PM - 7:00 PM

January 8th - End of Season

Mondays & Wednesdays

5:00 PM - 7:00 PM

Tournament Schedule

January

27th - 28th Winterfest - Greater

Columbus Convention Center -

Columbus, OH

February

4th - Kids America

10th - Game Time Sports Center

March

9th - 10th TMM AM Challenge - Cedar

Point Sports Center - Sandusky, OH

30th - Gahanna Sports Factory -

Columbia, OH

April

13th - 14th Breakout Bash - Sandusky,

OH

May

TBD OVR Champs - Columbus, OH

**Additional dates to come as
schedule is released