

Players born on or after July 1st, 2010 (regional teams only: going into 8th grade)

## 2024-25 SEASON INFORMATION

#### **TRYOUTS**

Sunday, July 14th, 12:30 - 3 PM Doors open at 11:30 AM

### **TEAMS**

14 GO 14 Travel 14 American 14 Teal 14 National

14 White

14 Elite

# **NATIONAL TEAM**

PRACTICE SCHEDULE:

December 2nd - June 20th

3x per week

INCLUDED ADDITIONALS: Strength training 4x per week

Hudl - SES Evaluation

COACHES:

14 GO - To be announced 14 National - To be announced

**TEAM DUES:** 

\$3.585

**TEAM GEAR:** 

Team Jacket Jerseys (3) Team Pants Practice shirts (2) Spandex Team bookbag

Knee pads

### TOURNAMENT SCHEDULE - 20 PLAY DAYS

WINTERFEST Jan. 25 - 26

Columbus, OH

STEEL CITY Feb. 1 - 2 Pittsburgh, PA **USAV EVENT** Feb. 15 - 17 Cleveland, OH

**NEQ** April 11 - 13 Philadelphia, PA

**OVR BID** April - 3 days Ohio

WINDY CITY April 18 - 20 Chicago, IL

**USAV EVENT** April/May - 2 days SUMMER FEST June - 2 days

Ohio

## ELITE TEAMS

PRACTICE SCHEDULE:

December 2nd - Mid May

2x per week

COACHES:

14 Elite - To be announced

TEAM GEAR:

Team Jacket Jerseys (2)

Knee pads Practice shirts (2) Spandex Team bookbag

INCLUDED ADDITIONALS:

**TEAM DUES:** \$2.985 Strength training 2x per week

## **TOURNAMENT SCHEDULE - 16 PLAY DAYS**

WINTERFEST Jan. 25 - 26

STEEL CITY Feb. 1 - 2 Columbus, 0H Pittsburgh, PA **USAV** Event Feb. 15 - 16 Ohio

**USAV Event** March - 1 day Ohio

**USAV** Event March - 1 day Ohio

OPTIONAL ADDITION OVR BID

**USAV EVENT** March - 3 days Ohio

**USAV Event** April - 2 day Ohio

**USAV Event** April - 2 days Ohio

**OVR Championship** May - 1 day

April - 3 days Ohio

Information is subject to change - register for tryouts at roquevolley.com/tryouts

Ohio

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# AMERICAN TEAMS

PRACTICE SCHEDULE:

Dec. 2nd - Mid May 3 times per week

**INCLUDED ADDITIONALS:** 

Strength training 2x per week

COACHES:

14 Travel - To be announced

14 American - To be announced

**TEAM DUES:** 

\$2.675

TEAM GEAR:

Jerseys (2)

Practice shirts (2)

Spandex

Knee pads

Team Jacket Team bookbag

#### TOURNAMENT SCHEDULE - 16 PLAY DAYS

WINTERFEST

Jan. 25 - 26 Columbus, OH

**USAV EVENT** 

March - 2 days Ohio

OVR PRESIDENTS DAY

Feb. 15 - 16 Columbus, OH

**USAV EVENT** 

April - 2 days Ohio

**USAV EVENT** Feb. - 2 days

Ohio

Ohio

**USAV EVENT** April - 1 day

**USAV EVENT** 

March - 2 days

Ohio

OVR CHAMPIONSHIP

May - 1 day Ohio

TERRY MILLER MEMORIAL AMERICAN CHALLENGE

March - 2 days Sandusky, OH

## REGIONAL TEAMS

PRACTICE SCHEDULE:

Dec. 2nd - Mid May

2x per week

INCLUDED ADDITIONALS:

Strength training 1x per week

COACHES:

14 White - To be announced

14 Teal - To be announced

TEAM DUES:

\$1,465

**TEAM GEAR:** 

Jersey

Practice shirt

Spandex

Knee pads

Team bookbag

## TOURNAMENT SCHEDULE - 8 PLAY DAYS

**USAV Event** 

January- 1 day

Ohio

**USAV Event** March - 1 day Ohio

**USAV Event** February- 1 day

Ohio

Ohio

**USAV Event** April- 1 day

**USAV Event** 

February - 1 day Ohio

**USAV Event** March - 1 day

**USAV** Event

April- 1 day Ohio

**OVR Championship** 

May Ohio

Ohio